



**INTERSTATE**  
**SpeedZone**  
HIGH-SPEED WIRELESS INTERNET ACCESS

**Lowest Prices of any  
National Travel Center Chain!**

**NEW Equipment**



**INCREASED Speed**

**UPGRADED Coverage**

**ACCESS THE INTERNET FROM THE PARKING LOT  
OR INSIDE THE FULL SERVICE RESTAURANT!**

## Refreshing Beverages

### Free Refills

**Coffee** Regular or Decaf

**Hot Tea** Regular or Decaf

**Lemonade • Raspberry Lemonade**

**Soft Drinks • Iced Tea**

### Single Serving Beverages

**Milk • Chocolate Milk** Regular or Large

**Hot Chocolate**

**Juices** Choose your favorite

**Orange • Tomato • Grapefruit**

**Apple • Cranberry • V8**



SINCE 1975

# Iron Skillet

AMERICA'S CHOICE FOR HOMESTYLE COOKING®



We're pleased to offer healthier options especially for you. Look for our "Stay Fit" symbol throughout the menu

# Morning Classics\*

Served with two fresh eggs cooked any style\*, toast or biscuits & your choice of home fries, hash browns or grits  
**Cream gravy complementary with breakfast entrées**

## CHICKEN-FRIED STEAK & EGGS

Fried golden & smothered in country gravy • 8.99  
 Add a second chicken-fried steak & an extra egg\* for 2.69 extra

## Sirloin Steak & Eggs

Half pound tender sirloin steak cooked to your order\*  
 Served with two fresh eggs cooked any style\* • 9.49

**Ham & Eggs • 7.89**

**Bacon & Eggs • 7.79**

**Corned Beef Hash & Eggs • 7.89**

**Smoked Sausage & Eggs • 7.79**

**Sausage Patties & Eggs • 7.79**

**Country Fresh Eggs  
& Potatoes • 5.39**

## STEERBURGER & EGGS

A juicy ground beef steak\* served with  
 two fresh eggs cooked any style\* • 8.69

## DOUBLE SKILLET HAM

Half pound of cured ham, lightly grilled and served  
 with three fresh eggs\*, toast or biscuit and your  
 choice of home fries, hash browns or grits • 8.99

## LITTLE SMOKIES & EGGS

Plump little smoked sausages  
 served with two fresh eggs  
 cooked any style\* • 7.89

## CORNED BEEF HASH SKILLET

Lean corned beef hash on top of hash brown potatoes,  
 topped with melted cheese and two eggs\* cooked  
 your way for a satisfying breakfast. Served with  
 toast or biscuits • 7.89

## Hot & Cold Cereals

We offer hot oatmeal and a variety of both healthy-choice  
 and sweetened dry cereals. Ask your server about  
 available selections • 3.29

### OATMEAL COMBO

A bowl of hearty oatmeal, two slices of toast  
 and a cup of Premium Roast Coffee or tea • 5.19

\*Consuming raw or undercooked meats, poultry, seafood,  
 shellfish or eggs may increase your risk of foodborne illness.

## Breakfast Extras

- Bacon or Sausage • 3.49**
- Ham • 3.79 Hominy Grits • 1.79**
- Home Fries or Hash Browns • 2.19**
- English Muffin with Jam • 1.99**
- One Large Pancake • 2.99**
- Bowl of Sausage Gravy • 2.39**
- Country Gravy • 1.89**
- One Egg\* • .99 Two Eggs\* • 1.79**
- Toast & Jam • 1.89**

Cholesterol-free egg substitute  
 available on request



# Three-Egg Omelettes\*

Served with your choice of home fries, hash browns or grits and toast or biscuits. **Add extra ingredients just .79 each**

**NEW CHICKEN, MUSHROOM & ONION OMELETTE**

Enjoy this omelette filled with grilled chicken breast, sauteed mushrooms and onions. Topped with shredded cheddar cheese • 7.99



**Steak & Mushroom Omelette**

Enjoy this omelette filled with Philly steak meat, sauteed mushrooms and grated cheddar cheese • 8.39



**Meat Lovers Omelette**

The perfect meaty omelette packed full of ham, bacon and sausage. Smothered in sausage gravy and topped with shredded cheese • 8.29

**Ham & Cheese Omelette**

Light and fluffy omelette with ham and cheese • 7.99



**Vegetable Omelette**

A healthy omelette packed full of mushrooms, onions, bell peppers, celery and cheddar cheese • 7.69

**Denver Omelette**

This tasty classic features diced ham, green peppers and onions • 7.79

**NEW FLAT BED SKILLET**

The perfect skillet packed full of sausage and potatoes. Topped with cheddar cheese and rich sausage gravy • 7.99

## Griddle Greats

**FLUFFY FRENCH TOAST COMBO**

Three slices of Texas toast or whole grain bread with two eggs\*, two slices of bacon and a sausage patty • 6.99



**Fluffy French Toast**

Your choice of Texas toast or whole grain bread • 5.79

**Hotcake Combo**

Two eggs\*, two big cakes, two strips of bacon & a sausage patty • 6.99

**Buttermilk Pancakes**

Two extra large buttermilk pancakes • 5.59



Sugar-free syrup available with griddle items.

**SOUTHERN TRADITION**

Three lightly grilled biscuits topped with sausage gravy & two eggs cooked to your order\* • 5.99



## DOUBLE BACON CHEESEBURGER

Two juicy beef patties with bacon & four slices of cheese. Served with your choice of fries, coleslaw, pinto beans or soup • 9.29



Substitute  
crispy onion  
straws for  
your fries

**59¢**

# Beefy Burgers\*

Served with your choice of fries, coleslaw, pinto beans or soup. Our hamburgers are fully cooked unless otherwise requested\*

## CHILI BURGER

A thick juicy burger smothered in homemade chili with beans and onion slices • 7.79

## Patty Melt on Whole Grain Bread

A thick juicy patty topped with melted Swiss cheese and draped with grilled onions • 7.79

## Skillet Hamburger

Served with all the fixin's • 7.29

## Skillet Cheeseburger

Served with your choice of American or Swiss cheese on a golden bun • 7.59

## Skillet Bacon Cheeseburger

Served with your choice of American or Swiss cheese and smoked bacon • 7.99

## Soups & Salads

## HOMEMADE CHILI WITH BEANS

Topped with shredded cheese and onions • 4.89



## Soup Bar

Prepared fresh daily • 4.59

## Soup & Salad Bar

You'll love our fresh selections • 6.99

Add a trip to our Soup and Salad Bar to your burger or sandwich for only 3.59



## Skillet Baskets

Served with garlic toast and fries.

Add Soup and Salad Bar for 3.59 extra

## Buffalo Chicken Basket

Spicy chicken strips deep-fried to a golden crisp. Served with blue cheese or ranch dressing • 7.29

## Chicken Strips

Deep-fried and served with barbecue sauce or ranch dressing • 7.19

## Golden Shrimp

Shrimp deep-fried golden brown, served with cocktail sauce • 7.49

## Fish & Fries

Lightly breaded and deep-fried to a golden brown, served with tartar sauce • 6.99



## GRILLED CHICKEN SALAD

Our signature salad topped with seasoned chicken, grape tomatoes and shredded cheddar cheese. Served with garlic toast & choice of dressing • 7.99

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

# Homestyle Favorite:

## **NEW** HOMEMADE MEATLOAF SANDWICH AND SOUP

Homemade meatloaf served chilled on whole grain bread with lettuce, tomato, onion and pickle. Served with a hot bowl of soup • 7.39



# Fresh Made Sandwiches

Sandwiches are served with your choice of fries, coleslaw, pinto beans or soup. Substitute crispy onion straws for your fries - .59

## **Philly Steak Sandwich**

Sliced beef piled high on a bun with grilled onions, mushrooms and bell peppers, topped with Swiss cheese • 8.19

## **Bacon, Lettuce & Tomato**

Crisp bacon, fresh lettuce and tomato slices make this sandwich something special • 6.99

## **Turkey Bacon Melt**

Smoked turkey, bacon, Swiss cheese and grilled onions on whole grain bread • 6.99

## **Club Sandwich**

Ham, smoked turkey breast, strips of bacon, lettuce, tomato, Swiss and American cheeses and mayo on three slices of Texas toast • 8.99

## **Chicken Parmesan Sandwich**

Boneless chicken breast, grilled crisp, served on a European style roll, smothered in spaghetti sauce and topped with melted mozzarella and Parmesan cheeses • 8.39

## **STAY FIT** Chicken Breast Sandwich

We serve this sandwich on whole grain bread with lettuce and tomato • 7.69



## **SIRLOIN STEAK SANDWICH**

Half pound sirloin steak cooked to your order\* then smothered with grilled onions and served open-faced on thick Texas toast • 8.79

## **OPEN-FACED POT ROAST SANDWICH**

Slow cooked pot roast topped with rich brown gravy. Served over Texas toast with pickle chips on the side • 8.19



## **CHICKEN QUESADILLA**

Two flour tortillas filled with seasoned chicken breast strips, cheddar cheese, grilled onions and bell peppers. Served with pinto beans, sour cream and salsa • 8.49



All meats are  
pre-cooked  
weight

# Sizzlin' Steaks\*

Include one side and a trip to our Soup and Salad Bar

## ONE POUND TOP SIRLOIN

One pound hand-cut top sirloin steak seasoned and cooked to order\* Served with one side and a trip to our Soup and Salad Bar • 13.49

## CHOPPED SIRLOIN

A one pound chopped sirloin steak cooked to order\* with your choice of toppings:

- Grilled onions & brown gravy
- Swiss cheese, mushrooms & onions

Includes one side and a trip to our Soup and Salad Bar • 11.99

## Steerburger

Broiled ground beef steak\* smothered with grilled onions and rich brown gravy • 9.99

## Sirloin Steak

Half pound sirloin steak seasoned and cooked to your taste\* • 10.59

## Sirloin Steak with Fried Shrimp or Shrimp Scampi

A half pound sirloin steak cooked to order\* and served with crispy fried shrimp or topped with sauteed shrimp and mushrooms in scampi sauce • 12.79

## CHICKEN-FRIED STEAK

Our famous down-home recipe, skillfully cooked and served with creamy country gravy. Includes choice of one side and a trip to our Soup and Salad Bar • 9.89  
Add a second chicken-fried steak for only 1.10 extra

## On the Side

**Baked Potato**  
**Mashed Potatoes**  
**French Fries • Hash Browns**  
**Pinto Beans • Coleslaw**  
**Mixed Vegetables**  
**Sliced Tomato**  
**Cottage Cheese**

**Add fried shrimp or scampi to any meal • 3.99 extra**

## Best Catch Seafood

All of our Best Catch Seafood entrees include one side and a trip to our Soup and Salad Bar



## Wild Alaskan Salmon

Alaskan salmon seasoned and grilled to perfection • 10.29



## Grilled Flounder

Alaskan flounder seasoned and grilled to perfection • 9.99

## Fried Shrimp

Half a pound of golden fried shrimp served with cocktail sauce • 10.19

## CAPTAIN'S SEAFOOD PLATTER

Don't worry about choosing just one... you can enjoy golden fried shrimp, breaded clam strips and breaded fish fillets • 13.89

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

# Homestyle Favorites\*

Entrees include a trip to our famous Soup and Salad Bar

**NEW** **HOMEMADE MEATLOAF**

Slices of Texas toast and our homemade meatloaf topped with mashed potatoes, gravy and grilled onions • 9.79



**NEW** **SIRLOIN STEAK TIPS**

Tender tips of steak are sauteed with bell peppers and onions. Finished with a rich brown sauce and served over Long Grain & Wild Rice • 10.29

**SPAGHETTI**

Spaghetti covered in classic Italian meat sauce. Served with garlic bread • 8.99



**NEW** **CHICKEN & NOODLES**

Fresh baked biscuits and homemade mashed potatoes smothered with chicken and noodles in a rich cream sauce • 9.59



**POT ROAST**

Slow roasted pot roast with onions & brown gravy. Served with mashed potatoes and gravy • 9.99



**BEEF LIVER & ONIONS**

Two pieces of liver grilled with onions and covered in brown gravy. Served with mashed potatoes and gravy • 8.69



## Classic Chicken

Classic Chicken entrees include one side and a trip to our delicious Soup and Salad Bar



**Grilled Chicken Breast**

Chicken breast grilled to perfection • 9.19  
With two chicken breasts • 10.79

**Chicken-Fried Chicken**

Fried just like our chicken-fried steak, but it's a chicken breast with creamy gravy on top • 9.89

**Chicken Strips**

Served with your choice of gravy, ranch dressing or barbecue sauce • 9.69

**CHICKEN PARMESAN**

Boneless chicken breast, grilled crisp and golden, then smothered in spaghetti sauce and topped with melted mozzarella and Parmesan cheeses. Served with garlic bread and a trip to our famous Soup & Salad Bar • 10.99

